



2026 Social Competition Rules – The Rings

1. All teams must pay the Team Registration Fee \$120 (incl GST), or \$95 Early Bird Registration via Netball Connect **PRIOR** to taking to the court for their first game.
2. Court fees are \$80.50 (incl GST) per team per week. Payment to be made by electronic transfer. Payment confirmation to be provided to the Competitions office **PRIOR** to the game. Court fees are to be paid using [this link](#).
3. All players, coaches and umpires participating in an Ariels VCNA competition or program must be a current Netball Victoria member.
4. No player will be permitted to take the court without a Netball Victoria membership. Annual memberships and single game vouchers can be purchased through Netball Connect using the Registration link.
5. New players who have registered after the commencement of the season and/or players who are filling must be added to the electronic scoresheet before the commencement of the game. If a paper scoresheet is used, player details are to be recorded on the back of the scoresheet. As per rule 3, all players must be registered before taking the court.
6. Players may not wear anything that could endanger themselves or other players, specifically:
 - a. No adornment or jewellery may be worn other than a wedding ring which must be covered with tape.
 - b. Fingernails shall be cut short and smooth or taped with correct tape prior to the game commencing.
 - c. A medical alert bracelet may be worn provided it is covered with tape.
 - d. Hair must be suitably tied back.
 - e. Hair beads may only be worn if secured **TIGHTLY** against the head with no movement possible.
 - f. Gloves are permitted on the provision that nails are taped underneath as well.
7. First named team must provide a scorer who is at least 14 years of age. Ariels VCNA will supply an official score sheet which must be collected from the Competition office by the HOME team prior to the game. After the game the completed scoresheet is to be handed into the office immediately.
8. For finals, both teams must provide a scorer who is at least 14 years of age.
9. Ariels VCNA will provide umpires. Ariels will use a mix of accredited umpires and umpires working towards accreditation.
10. All matches shall comprise four 9-minute quarters.
11. Players must play **three (3) games** to qualify for finals. Players must be selected on the electronic score sheet before the start of play.
12. Players must be at least 15 years of age before 31st December of the current year of play.



13. Correct team uniform, as registered with Ariels VCNA, must be worn on court at all times.
 - a. The uniform shall consist of:
 1. Dress, and positional bib.
 2. Shorts, leggings, skirt, skort, shirt, and positional bib.
 - b. Team uniform shall comprise either 1) or 2), and
 1. All shorts, leggings, skirts and skorts must be the registered team colours and shall not have pockets.
 2. All shirts must be the registered team colour and shall not have cut-outs, or holes.
 - c. Positional bibs of the same colour are to be worn by all on-court players.
 - d. Three (3) weeks grace shall be given at the start of each season before all players have to be in the same uniform.
 - e. There will be a five (5) goal penalty uniform items after the grace period expires.
14. A player shall not play in more than one team/club in any ONE Competition on any one night. Once a player has played with a team, they belong to that team.
15. Should a team win a game with an ineligible player the penalty shall be a loss of four (4) points and their score of that game. Points will be awarded to the opposition and the opposition shall retain their score.
16. If a team loses a game with an ineligible player the penalty shall be a loss of four (4) points from their total score of points, even to a -4 points, and their goals scored in that game.
17. All injuries must be recorded on the back of the score sheet and reported to the Competitions office.
18. Teams should have their own first aid kit. Ice is available from the front desk.
19. Hot Weather
 - a. If at the start of a match the air temperature exceeds 28 degrees as per Bureau of Meteorology website matches will be reduced to 3 quarters at 6 minutes per quarter, quarter time breaks increased to 3 minutes.
 - b. If at the start of any match, the air temperature exceeds 34 degrees, the matches will be rescheduled. Rescheduled games will be played as per competition rules.
20. Match Results:
 - Grading/Season
 - a. After half a game or more has been played, then the score at the point of stopping the match is the final result; or
 - b. Where a match is cancelled, by Ariels VCNA for health and safety of participants, or does not reach half a game of play, no result is achieved. This match will not be replayed.
 - c. If no result is achieved, the match will be considered a draw and points awarded to each team.
 - Semi Final
 - d. After half a game or more has been played, then the score at the point of stopping the match is the final result; or
 - e. Where a match is cancelled, by Ariels VCNA for health and safety of participants, or does not reach half a game of play, no result is achieved. This match will not be replayed.



Ariels VCNA

ABN 35 132 113 423

Correspondence to: PO Box 585, Heathmont 3135

Email: ariels@ariels.com.au

Web: www.arielsnetball.com.au

- f. If no result is achieved, the match will be considered a draw and points awarded to each team.
- g. The higher ranked team at the end of the season will progress to the grand final.

Grand Final

- h. After half a game or more has been played, then the score at the point of stopping the match is the final result; or
- i. Where the Grand Final match is cancelled, by Ariels VCNA for health and safety of participants, or does not reach half a game of play, no result is achieved.
- j. The top ranked team after the semi-final will be awarded first place and the second ranked team second.

- 21. **FORFEITS** are to be notified to Ariels VCNA via email to competitions@ariels.com.au.
- 22. Forfeit Penalties:
 - a. \$111.00 if notified at least 48 hours before game time
 - b. \$161.00 if notified 0-48 hours before game time.
 - c. All forfeit penalties must be paid before the next game.
- 23. The venue is a non-smoking, and e-cigarette free area during competition/events.
- 24. The venue is alcohol and recreational drug free during competition/events.
- 25. The Committee and Convenors will have the right to interpret the rules due to circumstances which may arise on the day of play.
- 26. Breaches of these rules could result in the loss of points and to the team's score. For more details on breaches, refer to the Ariels VCNA By-laws.
- 27. Maroondah City Council runs and maintains the venue. Any venue queries should be directed to The Rings on 03 9298 4487 or Email: therings@maroondah.vic.gov.au



2026 Social Competition Additional Match Rules

1. Respect - this is social netball, with core values of participation and fun! Players, coaches and spectators should respect their team mates, opposition and officials.
2. Netball Victoria rules will apply.
3. First named team has opening game centre pass.
4. Mixed Competition: Each team can take the court with the following team composition options:
 - a. 6 females/ 1 male OR
 - b. 5 females/ 2 males OR
 - c. 4 females/ 3 males ORMale players must be spread over the court so that there is no more than one male shooting (GA or GS), one male defending (GD or GK) and one male playing in the centre/mid court (WA/C/WD).
5. Minimum five players on court to commence the match – GS, GA, C, GD, GK.
6. Mixed Competition: If less than 7 players on court, a maximum of 2 males is permitted.
7. Rolling Substitutions:
 - a. The rolling substitution stands at the designated area.
 - b. Before leaving the designated area, the substitute high fives the player leaving the court.
 - c. Only one (1) rolling substitute per team can be made at a time.
 - d. Play is not to be held up for rolling substitutions.
 - e. Players must observe the offside rules as they enter/leave the court.
 - f. Players must not interfere with the umpire's movement during the substitution.
 - g. If a player leaves the court as a rolling substitution, and there is no player in the designated area, the replacement player is treated as a late player and must wait until a break in play to enter the court.
 - h. Substitutions must involve two players. A single player cannot "roll on" or "roll off" the court.
 - i. It's easier to have two (2) sets of identical bibs to facilitate rolling subs. If the team ONLY has one set of bibs, the substitution player MUST NOT LEAVE the designated area until the bib is correctly fitted.

Ariels VCNA and The Rings Stadium look forward to your team joining us in 2026.